Evergrowth Chiropractic

Personal Information

Name: _____ **Date:** _____/ _____/_____

Address: _____ **Home Phone:** _____

_____ **Cell Phone:** _____

City_____ **State**_____ **Zip**_____ **Work Phone:** _____

Gender: Male/ Female _____ **Status:** Single, Married, Widowed, Divorced

Birth Date: _____/ _____/_____ **Have you ever served in the military?** Yes/No

Occupation Information: _____

Who can we thank for referring you to our office? _____

Email Address: _____**Work Email:** _____

Other family member's names, relation, and ages:

_____

In Case of Emergency

Emergency Contact Name: _____

Phone Number: _____**Relationship:** _____

Name: _____ Date: _____

Please check any of the following that have given you difficulty in the last year:

General
- € Headaches/ Migraines
- € ADD/ADHD
- € Loss of memory
- € Fatigue
- € Depression
- € Dizziness/Vertigo
- € Thyroid problem
- € Chills
- € Sweats
- € Sleeping problem
- € Seizures
- € Fainting
- € Irritability
- € Anxiety
- € Inner tension
- € Rapid weight gain
- € Rapid weight loss
- € Facial pain
- € TMJ (Jaw Pain)
- € Menstrual cramps/pain
- € Menstrual irregularity
- € Loss of balance
- € Prostate problem
- € Cancer
- € Autoimmune problem
- € Shortness of breath
- € Hernia
- € Arthritis
- € Diabetes
- € Swollen joints
- € Ulcers
- € Kidney/Bladder problem

Skin
- € Bruise easily
- € Hives
- € Itching
- € Change in moles
- € Rash
- € Sores that won't heal

Gastrointestinal
- € Bowel changes
- € Intestinal gas
- € Constipation
- € Indigestion/Acid Reflux
- € Nausea
- € Stomach pain
- € Vomiting blood
- € Irritable bowel
- € Gall bladder problem
- € Hemorrhoids

Cardiovascular
- € Anemia
- € Chest pain
- € Heart attack(s)
- € Stroke
- € Low Blood Pressure
- € High Blood Pressure
- € Poor circulation
- € Irregular heart beat
- € Rapid heart beat
- € Swollen ankles

Eye/ Ear/ Nose & Throat
- € Loss of hearing
- € Earache
- € Sinus trouble
- € Loss of smell
- € Allergies
- € Asthma
- € Loss of taste
- € Inflammation of throat
- € Persistent cough
- € Ringing in ears
- € Tonsillitis
- € Blurred vision
- € Sensitivity to light

Neck
- € Neck pain
- € Neck Stiffness
- € Neck feels out of place
- € Grinding/popping in neck
- € Muscle spasms in neck

Shoulders
- € Shoulder tightness
- € Shoulder pain
- € Pain in shoulder joint
- € Pain across shoulders
- € Can't raise arms
- € Upper-back pain

Arms/Hands
- € Numbness in arms/hands
- € Pins/needles in arms/hands
- € Pain in upper arm
- € Pain in elbow
- € Pain in wrist
- € Pain in hand
- € Pain in fingers
- € Weakness of hand
- € Cold hands

Mid Back
- € Mid-back pain
- € Spinal curvature (Scoliosis)
- € Mid-back stiffness
- € Pain between shoulder blades
- € Pain from front to back
- € Muscle spasms in mid-back

Low Back
- € Low-back pain
- € Low-back stiffness
- € Low-back weakness
- € Low-back feels out of place
- € Muscle spasms in low-back

Legs/Feet
- € Cold feet
- € Pain in buttocks
- € Pain in hip joint
- € Pain down leg
- € Pain in knee
- € Pain in ankle
- € Pain in foot
- € Weakness of leg
- € Weakness of knee
- € Leg cramps
- € Numbness in legs/feet
- € Pins/needles in legs/feet

What is your main health concern?:_____

Is it: **Job Related ___ Auto Accident ___ Fall ___ Home Injury ___ Other:** _____

When and how did this condition begin? _____. How often does it occur: **Constant Intermittent**

Quality of pain: **Sharp/Stabbing Dull/Achy Tight/Tense Numb/Tingling Throbbing Radiating/Shooting Superficial Deep**

What activities aggravate your condition/pain? _____ Which side is affected by your condition? **Right Left Both**

What activities lessen your condition/ pain? _____ Is the condition worse during certain times of day? **Y/N**

If yes when? _____ Since your condition began, is it the**: Same Better Worse**

Have you seen other doctors for this concern? _____What did they recommend? _____

Have you had previous chiropractic care? **Y/N** If yes, when? _____Reason for initial visit: _____

How long did you receive care? _____ How often did you go? _____

Women Only: Are you pregnant? **Y/N** Due Date: _____ Last Menstrual Period: _____

Medications: Current: _____

What side effects have you experienced from these drugs? _____

Have you had surgery? Y/N Reason: _____Date: _____

Accident History: Within the past year: (Date and Describe) _____

Over a year ago: (Date and Describe) _____

Hospitalizations: (Date and Describe) _____

Birth Trauma? **Y/N** _____

Name: _____ Date: _____

Quadruple Visual Analogue Scale

Instructions: Please circle the number that best describes the question being asked.

Note: If you have more than one complaint, please answer each question for each individual complaint and indicate the score for each complaint. Please indicate your pain level right now, average pain, and pain at its best and worst.

1) What is your pain RIGHT NOW?

No pain _____ **Worst**

0 1 2 3 4 5 6 7 8 9 10

2) What is your TYPICAL or AVERAGE pain?

No pain _____ **Worst**

0 1 2 3 4 5 6 7 8 9 10

3) What is your pain level AT ITS BEST (How close to "0" does your pain get at its best)?

No pain _____ **Worst**

0 1 2 3 4 5 6 7 8 9 10

4) What is your pain level AT ITS WORST (How close to "10" does your pain get at its worst)?

No pain _____ **Worst**

0 1 2 3 4 5 6 7 8 9 10

Please identify which of these common stressors apply to your daily lifestyle:

Prolonged sitting/Driving		Holding/Carrying a child	
Occupational stress		Looking down	
Physical labor		Carrying backpack/purse	
Emotional/Mental stress		Stomach sleeping position	

Please identify which of these common activities are affected by your condition:

Getting Dressed		Household chores	
Concentration		Ability to do your job	
Recreation/Hobbies		Sleep	

How will an improvement in your health enhance your life?

Health Goal:	**Significance of Goal:**
EXAMPLE: Get rid of my headaches.	I want to be able to play with my kids without pain and spend more time with my family.
1._____	_____
2._____	_____

3._____ _____

FOR OFFICE USE ONLY:

OATS=1____+2____+4 ____=____/3 ____x10____

Name: _____ Date: _____

To better serve you in our office, please check any of the conditions below that you or your family have or have had in the past:

	Yourself	Spouse	Children	Father	Mother
Acid Reflux/GERD					
ADD/ADHD					
Allergies					
Anxiety					
Arthritis					
Asthma					
Autoimmune problems					
Bed-wetting					
Cancer					
Recurrent Constipation					
Recurrent Diarrhea					
Depression					
Diabetes					
Dizziness/ Vertigo					
Ear Infections					
Eczema					
Fatigue					
Recurrent Cold/Flu					
Headaches/Migraines					
Heart problems					
Immune problems					
Infertility					
Kidney problems					
Liver problems					
Menstrual problems					
Nausea					
Numbness					
Sciatica					
Scoliosis					
Seizures					
Sinus problems					
Stiffness					
Stomach trouble/ Indigestion					
TMJ pain					
Ulcers					
Other (Please explain)					

TERMS OF ACCEPTANCE/ CONSENT TO TREATMENT

When a patient seeks chiropractic health care and we accept a patient for such care, it is essential for both to be working towards the same objective. Chiropractic has only one goal. It is important that each patient understand both the objective and the method that will be used to attain it. This will prevent any confusion or disappointment.

- **Adjustment:** An adjustment is the specific application of forces to facilitate the body's correction of vertebral subluxation. Our chiropractic method of correction is by specific adjustments of the spine.
- **Health:** A state of optimal physical, mental and social well-being; not merely the absence of disease or infirmity.
- **Subluxation:** A misalignment of one or more of the 24 vertebra in the spinal column which is caused by an alteration of nervous system function and interference with the transmission of mental impulses, resulting in a lessening of the body's innate ability to express its maximum health potential.

We do not offer to diagnose or treat any disease or condition other than subluxation. However, if during the course of a chiropractic neurological examination, we encounter non-chiropractic or unusual findings, we will advise you. If you desire advice, diagnosis or treatment for those findings, we will recommend that you seek the services of another health care provider.

Regardless of what the disease is called, we do not offer to treat it. Nor do we offer advice regarding treatment prescribed by others. OUR ONLY PRACTICE OBJECTIVE is to find and remove vertebral subluxations. Our only method is specific adjusting to correct neurological subluxations.

All promotions offered by Evergrowth Chiropractic are valid **only** upon the selection and purchase of a qualifying care plan. Promotions cannot be redeemed independently and must be applied within the terms of the chosen care plan.

Certain care plan options may be **non-refundable**. By initialing below, you acknowledge and agree to the pricing structure, terms, and conditions outlined for your selected plan. Once a non-refundable plan is chosen, no refunds, partial or full, will be issued.

Evergrowth Chiropractic reserves the right to modify or discontinue promotions at any time without prior notice. This disclaimer does not waive any other rights or policies set forth by our office.

Patient Initials: _____ **Date:** _____

I hereby consent to and authorize the administration of all diagnostic and chiropractic treatments that may be considered advisable or necessary in the judgment of EVERGROWTH CHIROPRACTIC, LLC. **I also certify that no guarantee or assurance has been made to the results that may be obtained. I understand and agree that health and accident insurance policies are an arrangement between an insurance carrier and me. Furthermore, I understand that while EVERGROWTH**

CHIROPRACTIC, LLC may prepare necessary reports and forms to assist me in making collections from the insurance company, all services rendered to me are charged directly to me and I am personally responsible for payment.

I have read, understand, and agree to the above statements.

Signature (Parent/guardian, when applicable): _____Date:_____

HIPAA NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY. This Notice of Privacy Practices describes how EVERGROWTH CHIROPRACTIC, LLC may use and disclose your protected health information (PHI) to carry out treatment, payment or health care operations (TPO) and for other purposes that are permitted or required by law. It also describes your right to access and control your PHI that may identify you and that relates to your past, present, or future physical or mental health or condition and related health care services.

USES AND DISCLOSURES OF PROTECTED HEALTH INFORMATION

Your PHI may be used and disclosed by your physician, Evergrowth Chiropractic office staff, and others outside of our office that are involved in your care and treatment for the purpose of providing health care services to you, to pay your health care bills, to support the operation of EVERGROWTH CHIROPRACTIC, LLC and other use required by law.

TREATMENT: EVERGROWTH CHIROPRACTIC, LLC will use and disclose your PHI to provide, coordinate, or manage your health care and any related services. This includes the coordination or management of your health care with a third party. For example, EVERGROWTH CHIROPRACTIC, LLC would disclose your PHI, as necessary, to a home health agency that provides care to you, or to a physician to whom you have been referred to ensure that the physician has the necessary information to diagnose or treat you.

PAYMENT: Your PHI will be used, as needed, to obtain payment from your insurance company for your health care services. For example, obtaining approval for a hospital stay may require that your relevant PHI be disclosed to the health plan to obtain approval for the hospital admission.

HEALTHCARE OPERATIONS: EVERGROWTH CHIROPRACTIC, LLC may use or disclose, as needed, your protected health information in order to support the business activities of EVERGROWTH CHIROPRACTIC, LLC. These activities include, but are not limited to: (a) quality assessment activities; (b) employee review activities; (c) training of medical students; and (d) licensing and conducting or arranging for other business activities. For example, EVERGROWTH CHIROPRACTIC, LLC may disclose your PHI to medical school students that see patients at the office. In addition, EVERGROWTH CHIROPRACTIC, LLC may use a sign-in sheet at the registration desk where you will be asked to sign your name, may call you by name in the waiting room when your physician is ready to see you, may use or disclose your PHI as necessary to contact you to remind you of your appointment by leaving a message on a recorded answering system at your home of office.

At EVERGROWTH CHIROPRACTIC, LLC it is the practice of this office to provide chiropractic care in a "semi-closed" environment. "Semi-closed" adjusting involves patient care in a setting where other patients in the reception area are able to see into the adjusting rooms, as well as possibly hear what is being discussed in the adjustment room. This environment is used for ongoing care and is NOT used for initial examination and patient history consultation. We are requesting this authorization of you due to various interpretations under federal law with respect to what is known as "incidental disclosure" of health information. I accept and agree to being treated in this "semi-closed" environment and understand the potential risk for incidental disclosure and do not hold Evergrowth Chiropractic, LLC liable for such actions.

- **I give EVERGROWTH CHIROPRACTIC, LLC permission to use my address, phone number, and clinical records to contact me with appointment reminders, missed appointment notification, birthday cards, holiday related cards, newsletters, information about treatment alternatives, or other health related information.**
- **If EVERGROWTH CHIROPRACTIC, LLC contacts me by phone, I give them permission to leave a message on my voice mail or answering machine.**

- **I give EVERGROWTH CHIROPRACTIC, LLC permission to use my name on the welcome board, referral board, birthday board, prize winning notices, and community information (i.e. newspaper clippings).**
- **I give EVERGROWTH CHIROPRACTIC, LLC permission to adjust me in a semi-closed room setting where other patients and office staff may able to overhear some of my PHI during the course of care. This semi-closed room environment is used for ongoing care, and is not the environment used for taking patient histories, performing examinations, or presenting report of findings, as these procedures are completed in a private, confidential setting.**

EVERGROWTH CHIROPRACTIC, LLC may use or disclose your PHI in the following situations without your authorization. These situations include: as required by law; public health issues; communicable diseases; health oversight; abuse or neglect; Food and Drug Administration requirements; legal proceedings; law enforcement; coroner; funeral directors, organ donation; research; criminal activity; military activity, National security; workers' compensation, Required Uses and Disclosures. Under the law, we must make disclosures to you and when required by the Secretary of the Department of the Department of Health and Human Services to investigate or determine our compliance with the requirements of Section 164.500.

Other permitted and required uses and disclosures will be made only with your consent, authorization, or opportunity to object unless required by law.

You may revoke this authorization at any time, in writing, except to the extent that your physician or the physician's practice has taken an action in reliance on the use or disclosure indicated in the authorization.

YOUR RIGHTS:

Following is a statement of your rights with respect to your PHI.

You have the right to inspect and copy your PHI. However, in accordance with federal law, you may not inspect and copy the following records: psychotherapy notes, information compiled in reasonable anticipation of, or use in, a civil, criminal, or administrative action or proceeding, and PHI that is subject to law that prohibits access to PHI.

You have the right to request a restriction or your PHI. This means you may ask us not to use or disclose any part of your PHI for the purposes of treatment, payment, or health care operations. You may also request that any part of your PHI not be disclosed to family members or friends who may be involved in your care or for notification purposes as described in this Notice of Privacy Practices. Your request must state specific restrictions requested and to whom you want the restriction to apply.

Your physician is not required to agree to a restriction that you may request. If physician believes it is in your best interest to permit use and disclosure of your protected health information, your protected health information will not be restricted. You then have the right to use another health care professional.

You have the right to request to receive confidential communications from us by alternative means or at an alternative location. You have the right to obtain a paper copy of this notice from us, upon request, even if you have agreed to accept this notice in an alternative medium, such as electronically.

You may have the right to have your physician amend your PHI. If we deny your request for amendment, you have the right to file a statement of disagreement with us and we may prepare a rebuttal to your statement and will provide you with a copy of such rebuttal.

You have the right to receive an accounting of certain disclosures we have made, if any, of your PHI.

We reserve the right to change the terms of this notice and will inform you by mail of any changes. You then have the right to object or withdraw as provided in this notice.

COMPLAINTS

If you believe that EVERGROWTH CHIROPRACTIC, LLC has violated your privacy rights, you may file a complaint with Will So, D.C. at EVERGROWTH CHIROPRACTIC, LLC at 1263 E. Silverado Ranch Blvd Ste 105A Las Vegas, NV 89183 or you file a complaint with the Department of Health and Human Services, at (775) 684-4000.

I have read, understand and agree to the aforementioned HIPAA regulations.

Signature (parent/guardian, when applicable): _____ Date: _____

X-RAY AUTHORIZATION

IF CLINICALLY NECESSARY, X-RAYS ARE UTILIZED IN THIS OFFICE TO HELP LOCATE AND ANALYZE **VERTEBRAL SUBLUXATIONS.**

PLEASE NOTE: AS YOUR HEALTHCARE PROVIDER, WE ARE LEGALLY RESPONSIBLE FOR YOUR CHIROPRACTIC RECORDS. WE MUST MAINTAIN A RECORD OF YOUR X-RAYS IN OUR FILES.

AT YOUR REQUEST, WE WILL PROVIDE YOU WITH A COPY OF YOUR X-RAYS IN OUR FILES.

THESE X-RAYS ARE NOT USED TO INVESTIGATE FOR MEDICAL PATHOLOGY. THE ORIGINAL COSTS OF X RAYS ARE $200. THE DOCTORS OF EVERGROWTH CHIROPRACTIC DO NOT DIAGNOSE OR TREAT MEDICAL CONDITIONS; HOWEVER, IF ANY ABNORMALITIES ARE FOUND, WE WILL BRING IT TO YOUR ATTENTION SO THAT YOU CAN SEEK PROPER MEDICAL ADVICE.

BY SIGNING BELOW YOU ARE AGREEING TO THE ABOVE TERMS AND CONDITIONS.

PRINT YOUR NAME HERE: _____ **YOUR AGE: _____**

SIGNATURE: _____ **DATE: _____**

WOMEN ONLY: THIS IS TO CERTIFY THAT TO THE BEST OF MY KNOWLEDGE I AM NOT PREGNANT, AND THE EVERGROWTH CHIROPRACTIC TEAM HAS MY PERMISSION TO PERFORM AN X-RAY EVALUATION. I HAVE BEEN ADVISED THAT X-RAYS CAN BE HAZARDOUS TO AN UNBORN CHILD.

DATE OF LAST MENSTRUAL PERIOD: _____ **SIGNATURE:**_____ **DATE:**_____

FOR OFFICE USE ONLY: PM GENDER: ☐ M ☐ F

Cervical			**Thoracic**				**Lumbopelvic**			
Lat Cerv:			AP Thoracic				AP Lumbar			
Apom			Lat Thoracic				Lat Lumbar			
NOTES: _____			**Upper Extremity**				**Lower Extremity**			
_____										
_____										
TM INITIALS:										